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MASTERING THE GIFT OF MULTI-CREATIVITY

3 KEYS TO REKINDLE YOUR CREATIVE SPARK

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Embrace Your Creative Composition

You were CREATED with gifts, talents, and a natural curiosity.

And guess what? You have permission to explore your interests! You don't have to live by the rules and limitations of a society that tells you "you're all over the place" or that "you're doing too much"! Sound familiar? Your brain simply works differently... and it's OK! You were actually created with the capacity to do more. You just have to learn how to *manage* your creativity.

If you are someone that has "diminished" your creative interests, or given in to the thought that "you can only do ONE thing, I challenge you to spread your wings again and try something new this week. Take that music class you've been wanting to take *for years now*. Secure your seat in that sewing class you've always wanted to attend. Go to a park with a sketch pad and draw whatever your mind finds interesting and beautiful.

Also, understand that many of your gifts are likely connected and could be used in a cross-pollination of not just ideas, but in conjunction with one another to create innovative works.



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Embrace Creative Collaboration

Collaboration can be a powerful tool for you to rekindle your creative spark!

Seek to actively engage with other creatives, share ideas, and pool resources. You will unlock new perspectives and new opportunities in your work.

For example, when I moved to Cincinnati, I sought out the filmmaking community and eventually found my "tribe". These are friends that I still create with today. We help one another with projects and are able to bring our strengths, skills, and talents together to enhance those projects.

Through collaboration, multi-creatives can leverage their diverse skills and expertise. The synergy of working together can spark innovation and even help eliminate self-imposed limitations.

This week, get connected with like-minded creatives and intentionally reach out to someone or find a group and collaborate!

You'll be surprised at what you can accomplish together!



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Embrace Creative Community.

Finding and cultivating a supportive community is essential for creatives to thrive and grow.

When you are a part of a community of like-minded individuals, you can find encouragement, inspiration, and valuable feedback on your work.

Yes, receiving feedback on your creative work can be a bit daunting, but it can exponentially help you grow, not only as an artist, but as a human being. To be able to receive, and give, constructive criticism is a characteristic of a good leader and team player.

This week, look for a community to join! Whether it's online or in-person. Then ALLOW that community to open the door to connect with people who share similar passions and challenges.

Through community interaction, you can gain new insights, learn from other's experiences, and feel a sense of belonging that can truly fuel and inspire your creative spark!

And, of course, should you choose to seek community, you are welcome to join our private group of multi-creative women on Facebook, UNBOX.ED COACHING!



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